Veronica Frehm

A little bit about me….
The mission of the Florida Park Service is to provide resource-based recreation while preserving, interpreting, and restoring natural and cultural resources.

Florida's 175 award-winning state parks, trails and historic sites
MacBeach = The Only State Park in Palm Beach County
436 Acres

Four Ecosystems

Anastasia Limestone
Rock Reef

Estuary

Maritime Hammock

Beach
ANDY FLANNER
Park Manager

Andy, with a dual degree in Environmental Science and Geography, began his Florida Park Service career as an Exotic Removal Technician quickly moving up to the District 5 Biologist role. He served as the Manager at St. Lucie Inlet and Seabransch Preserve State Parks before joining the MacBeach Team.

JACOB BENNETT
Assistant Park Manager

Jacob served in the FPS as a Ranger and a Services Specialist before coming to MacBeach. A graduate of Clemson University, with a degree in Parks and Recreation Management, Jacob enjoys outdoor activities like golf, kayaking, and hiking.

VONDA FOERTMEYER
Administrative Assistant

Vonda started at MacBeach in 2019 but has over 5 years in Florida Park Service. She enjoys exploring the outdoors, boating, fishing, hiking, and camping.

ART CARTON
Park Services Specialist

Art has been at MacArthur Beach since 2004 when he moved from Ocala. Art oversees the Moonlight Over MacArthur and Bluegrass concerts, NatureScaping, and instructs for our Environmental Education Program.

ALAINA BELL
Park Services Specialist

Alaina joined our team in 2017 as an intern and was quickly captured by the Park’s natural beauty and positive team culture. She was promoted to her current position in 2020. She feels fortunate to combine all her passions into one career.

ROB MATRISCINO
Park Ranger

Rob came to MacArthur in 2000, bringing skills in invasive and exotic plant removal, native plant ID and coastal geology. In his free time he enjoys surfing, and is an expert in tides and wave conditions.

SARAH WADDELL
Park Ranger

After completing a Park internship, Sarah's knowledge, dedication and high work ethic promoted her to a Park Ranger in 2012 and has been working every day to make MacBeach the best it can be.

DOUG SUTHERLAND
Park Ranger

A sixth generation Florida Native and born and raised in Palm Beach County, Doug has been coming to the Park since it opened. He is a U.S. Navy veteran and became an OPS Ranger in 2019.

BRIAN O'BRIEN
Park Ranger

Brian was raised on Singer Island and played in the Park in the 1970’s before it was open to the public. Before joining the MacBeach team in 2019, he had his own business as a master jeweler for over 30 years.

FRANCESCA KARDOSS
Park Ranger

Francesca started at MacArthur Beach as a volunteer and worked her way up to a Park Ranger. She is an avid surfer and enthusiast of the great outdoors. She is incredibly proud to be a Ranger at MacBeach.

IVORY PAULK
Part-Time Park Ranger

Ivory is a Riviera Beach native and has an immense love for being by the water and the great outdoors. She started out as a volunteer and her love of MacBeach shined through resulting in her being promoted to a part-time ranger.

PEYTON WILLIAMS
Part-Time Park Ranger

Peyton moved here from Arizona and joined the Ranger team in 2021, always with a smile on his face, he loves to help visitors have the best experience possible while at the Park.
Friends of MacArthur Beach State Park

State of Florida Citizen Support Organization; and a 501(C)(3) non-profit corporation.

Mission = to generate supplemental resources to preserve, restore, and interpret the natural and cultural assets of the Park for present and future generations.
Friends of MacArthur Beach Staff

Veronica Frehm
Executive Director

Sarah Norton
Director of Education

Megan Finck
E-Commerce and Sales Manager

Jill Kohlbecker
Communications Director
Friends of MacBeach Board of Directors
2022-2023
What Do We Do?

- Fundraise – Events, Capital Campaigns, Donations
- Public Park Education Programs
- Staff and Operate Gift Shop
- Provide Recreational Opportunities
- Citizen Science Programs
- Provide Financial Support for Park Projects and Animal Ambassadors
- Exotic Plant Removal/Native Plant Propagation
- Grant Writing and Management
- Nature Center Exhibits Upkeep and Funding
- Standup Paddle Board Concessionaire Management
- Junior Friends
- Internship Program Undergraduate and Graduate
Environmental Education Program

5,000 students annually
Title I schools hands-on learning in Living Laboratory

Virtual Field Trips ~10,000 students annually
Environmental Summer Camp

- Biodiversity Studies
- Sea Turtle Time
- Skyping with a Scientist
- Kayaking
- Seagrass Studies
- Estuary Explorations
- Fish Counts on Rock Reef
- Scientific Tools
Internships
Teacher Professional Development

MacBeach Explorations Workshop: Week-Long Summer Workshop

Environmental Education Trainings Throughout the Academic Year
Junior Friends
Nature Center

Exhibits:
- Sea Turtle Tank
- Mangrove Tank
- Estuary Tank
- Rock Reef Tank
- Seagrass
- Marine Debris

Movie Theatre
Recreational Activities
Munyon’s Paw-Paw

I consider Paw-Paw of Florida’s majestic
and unsurpassed in its taste. It is the
greatest Natural Remedy for all the ills
of the body. It will bring back the
strength and vitality of youth.

Photo Courtesy Historical Society of Palm Beach County

Munyon Island
Flora/Fauna Brochures

Flora/Fauna Brochures 

John D. MacArthur Beach State Park
10900 Jack Nicklaus Drive North Palm Beach, FL 33408

Bird Guide

Welcome to the MacArthur Beach State Park! The brochure is intended to help you identify species you may encounter during your visit. The birds are organized according to the environment they prefer. There are over 100 species you are likely to see, but specific species vary depending on the season and time of day.

The Estuary is a great place to find wading birds, particularly in the winter, while the Salt Marsh Trail and Dune Trail offer the marshes, a home for many species. The beach is where you will most likely find pelicans and gulls, as they spend the winter months.

John D. MacArthur Beach State Park

FLORIDA STATE PARKS...the Real Florida 

Cultural Council
Friends of MacArthur Beach State Park

Details about each bird are provided:

- **Booby:** A large, white bird with webbed feet and a long beak, found in the Atlantic Ocean. They have a distinctive black tip on their tail.
- **Spoonbill:** A large white bird with a long, downward-curving beak, found in freshwater areas.
- **Reef Heron:** A small, grey bird found in the shallows of the ocean. They have a distinctive long neck and legs.
- **Pelican:** A large, white bird with a long beak and large wings, found in the Atlantic Ocean.
- **Owl:** A small, brown bird with large eyes and a distinctive beak, found in the woods.

For more information, please visit the MacArthur Beach State Park website.
Event Calendar

- MacArthur Under Moonlight
- Sunday Afternoon Concerts
- Monthly Beach Cleanups
- Special Events
Citizen Science Projects

- Seagrass Surveys
- Oyster Restoration Project
- Fish Counts
Citizen Science Marine Debris Program
Citizen Science Programs

Sea Turtle Nest Excavations
Sea Turtle Walks
FWC Index Nesting Beach
2022
1854 Loggerhead Nests
Leatherback Sea Turtles

Leatherback Nests - 46
How Do We Do It All?
Volunteers
Gift Shop

- Kayak rentals
- Dive Flags/Lockers/Binoculars
- Gifts/Souvenirs
- Online Store
- EVERY dollar raised goes back into the Park
# Friends of MacArthur Beach State Park Membership

<table>
<thead>
<tr>
<th>Membership Level</th>
<th>Individual</th>
<th>Family</th>
<th>Patron</th>
<th>Benefactor</th>
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<td><strong>Price</strong></td>
<td>$75</td>
<td>$100</td>
<td>$125</td>
<td>$500</td>
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**INDIVIDUAL**
- Membership Card (list only one name on card)
- Unlimited free admission (for 1 person) to the Park
- Kayaking privileges (1 single or double) with every Park visit based upon availability
- Invitations to Friends’ Events
- 10% discount on select items in the Beach Outfitters Gift Shop purchases
- Free admission (with 1 guest) to MacArthur Under Moonlight concerts
- Invitation (1 person) to members only Sea Turtle Walk

**FAMILY**
- Membership Card (list up to two names on card)
- Unlimited free admission (for a carload up to 8 people) to the Park
- Kayaking privileges (1 single or double) with every Park visit based upon availability
- Invitations to special Friends’ Events
- 10% discount on select items in the Beach Outfitters Gift Shop
- Free admission (with 1 guest) to MacArthur Under the Moonlight concerts
- Invitation (with 2 guests) to members only Sea Turtle Walk

**PATRON**
- Membership Card (list up to two names on card)
- Unlimited free admission (for a carload up to 8 people) to the Park
- Kayaking privileges (2 singles or doubles) with every Park visit based upon availability
- Invitations to Friends’ Events
- 10% discount on select items in the Beach Outfitters Gift Shop
- Free admission (with 2 guests) to MacArthur Under the Moonlight concerts
- Invitation (with 2 guests) to members only Sea Turtle Walk

**BENEFACCTOR**
- Membership Card (list up to two names on card)
- Unlimited free admission (for a carload up to 8 people) to the Park
- Kayaking privileges (2 singles or doubles) with every Park visit based upon availability
- Invitations to Friends’ Events
- 10% discount on select items in the Beach Outfitters Gift Shop
- Free admission (with 3 guests) to MacArthur Under the Moonlight concerts
- Invitation (with 3 guests) to members only Sea Turtle Walk
- Special Behind the Scenes Park Tour for member and guests

[**Purchase Now**](#) [**Purchase Now**](#) [**Purchase Now**](#) [**Purchase Now**](#)
Thank you!

Veronica Frehm

Executive Director,
Friends of MacArthur Beach State Park

Veronica@macarthurbeach.org
561-776-7449 ext 111