

October 25, 2022

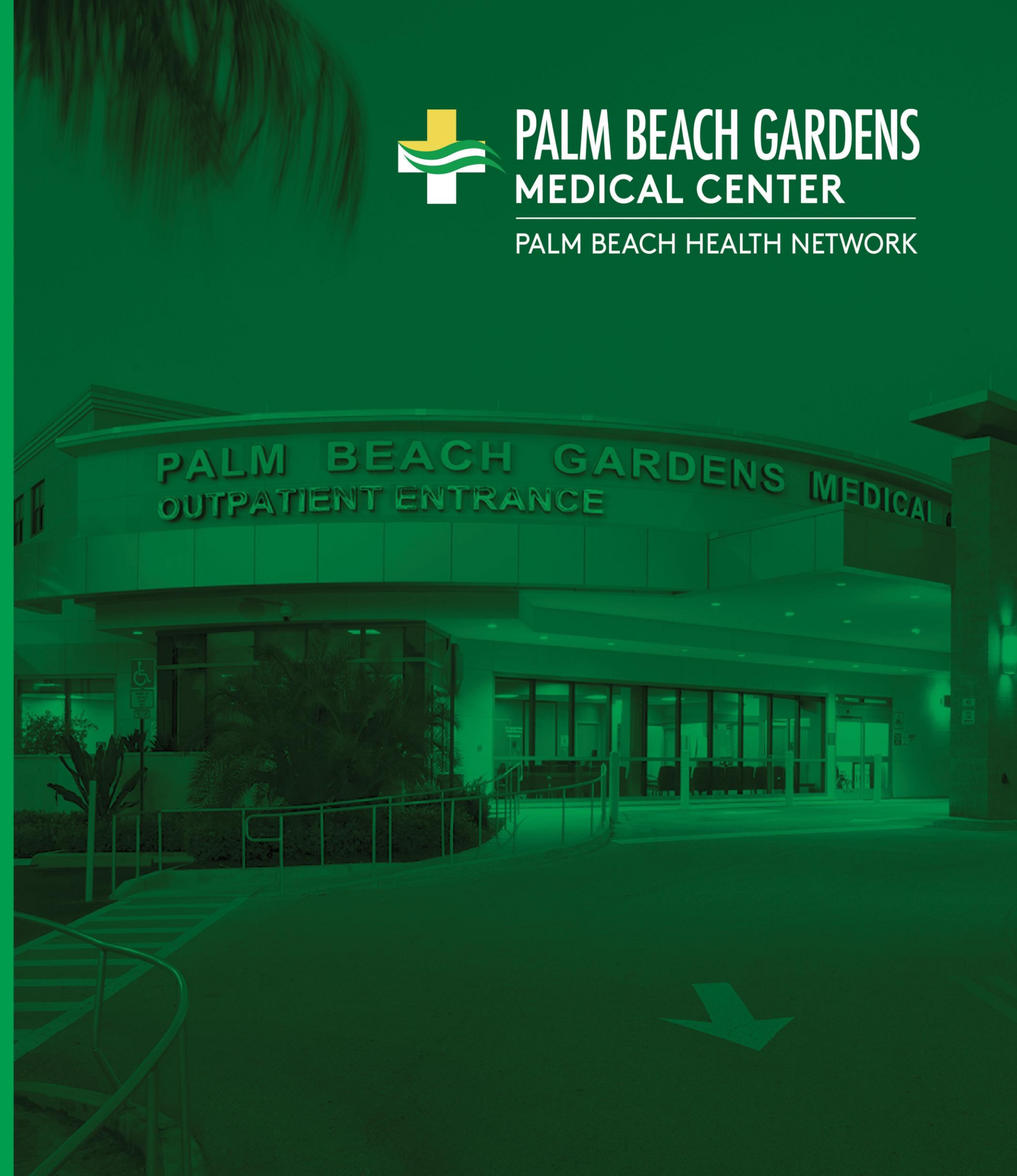
North County Neighborhood Coalition Meeting

Teresa C. Urquhart
Chief Executive Officer
Palm Beach Gardens Medical Center



**PALM BEACH GARDENS
MEDICAL CENTER**

PALM BEACH HEALTH NETWORK



As Palm Beach County and the Treasure Coast continues to grow, we are committed to providing award-winning patient care and introducing new services to better serve our community's needs.



Current and Upcoming Hospital Upgrades

- **Operating Room – Hybrid Room**
- **Façade Main Building**
- **Medical Office Building Façade & Common Areas**
- **3 West Cardiac/Telemetry Unit**
- **Emergency Department**

Neurosciences

- **Dedicated** Neuro Intensive Care Unit
- **Established** Epilepsy Monitoring Unit
- **Expertly Trained Staff**
 - Neurosurgeons
 - Neurologist
 - Intensivist
 - Support staff experienced in neurological management
- **Advanced** Surgical Technology
 - Stealth Station Surgical Navigation System
 - O-Arm Surgical Imaging System
- **Award-Winning** Care
 - Advanced Certified Primary Stroke Center
 - American Heart Association Get with the Guidelines® Stroke Gold Plus (2015-2022)
 - High Performance in the Treatment of Stroke in U.S. News & World Report's 2022-2023 Best Hospitals



Neurosurgeons:

Ramin M. Abdolvahabi, MD

John K. Afshar, MD

Timothy G. Burke, MD

John D. Cantando, DO

Michael J. Chaparro, MD

Fred L. Cohen, MD

Steven A. Dutcher, DO

Faris J. Fakhoury, MD

Heldo Gomez Jr., MD

Martin Greenberg, MD

Evan M. Packer, MD

Brett A. Schlifka, DO

Ronald L. Young II, MD

Lloyd Zucker, MD

HEARTSafe Community Initiative

Did you know...

- Over 350,000 cardiac arrests occur per year in the United States with more than 70% of them occurring in the home and 20% in a public place
- For every minute that passes once someone's heart stops their mortality increases by 10%
- Of the 75 cardiac arrests that occurred in Palm Beach Gardens in 2021:
 - 35% were resuscitated by Fire Rescue prior to arrival at the ER
 - Florida average is 17.7%
 - 57% were neurologically intact at hospital discharge
 - National average is 7%



HEARTSafe Community Initiative

What is a HEARTSafe Community?

- The HEARTSafe Community program is a set of criteria and guidelines designed to improve outcomes to sudden cardiac arrest emergencies through a specific set of training, preparation and response protocols. This includes:
 - Widespread CPR instruction
 - Public access defibrillators
 - Aggressive resuscitation protocols for first responders and area hospitals



HEARTSafe Community Initiative

- Communities that strive to become “heart safe” must meet the 13 different criteria established by the Citizen CPR Foundation.
 - Example of one metric:
 - *15% of the community population to be trained in Hands Only CPR/AED use*
- We partner with Palm Beach Gardens Fire Rescue to offer FREE Hands Only CPR classes to our community once a month
 - Next Class is November 15th - Register at [PBGMC.com](https://www.pbgmc.com)



Community Outreach

If you are interested in a hands-only CPR class or a speaker for an upcoming community meeting/event, please reach out to our marketing department at **561-366-6753** to help coordinate a date and time!



Palm Beach Gardens Medical Center **Speaker's Bureau**

Looking for a **speaker** for your organization or civic group?



Palm Beach Gardens Medical Center is offering complementary virtual or in-person lectures to our community on a variety of healthcare topics.

Sample Lecture Ideas Include:

- Arthritis
- Asthma
- Atrial Fibrillation
- Back Pain
- Cholesterol
- Colon Health
- COPD
- Constipation
- Diabetes
- Emergencies from A to Z
- Erectile Dysfunction
- Fall Prevention
- Foot Care
- GERD
- Heart Failure
- Heart Health
- High Blood Pressure
- Incontinence
- Joint Replacement
- Medication Safety
- Minimally Invasive Surgery
- Neurology
- Nutrition
- Osteoporosis
- Prostate Health
- Robotic Surgery
- Stroke
- Urology
- Weight Management
- Wound Care

To schedule your next lecture, please call
the Marketing Department at

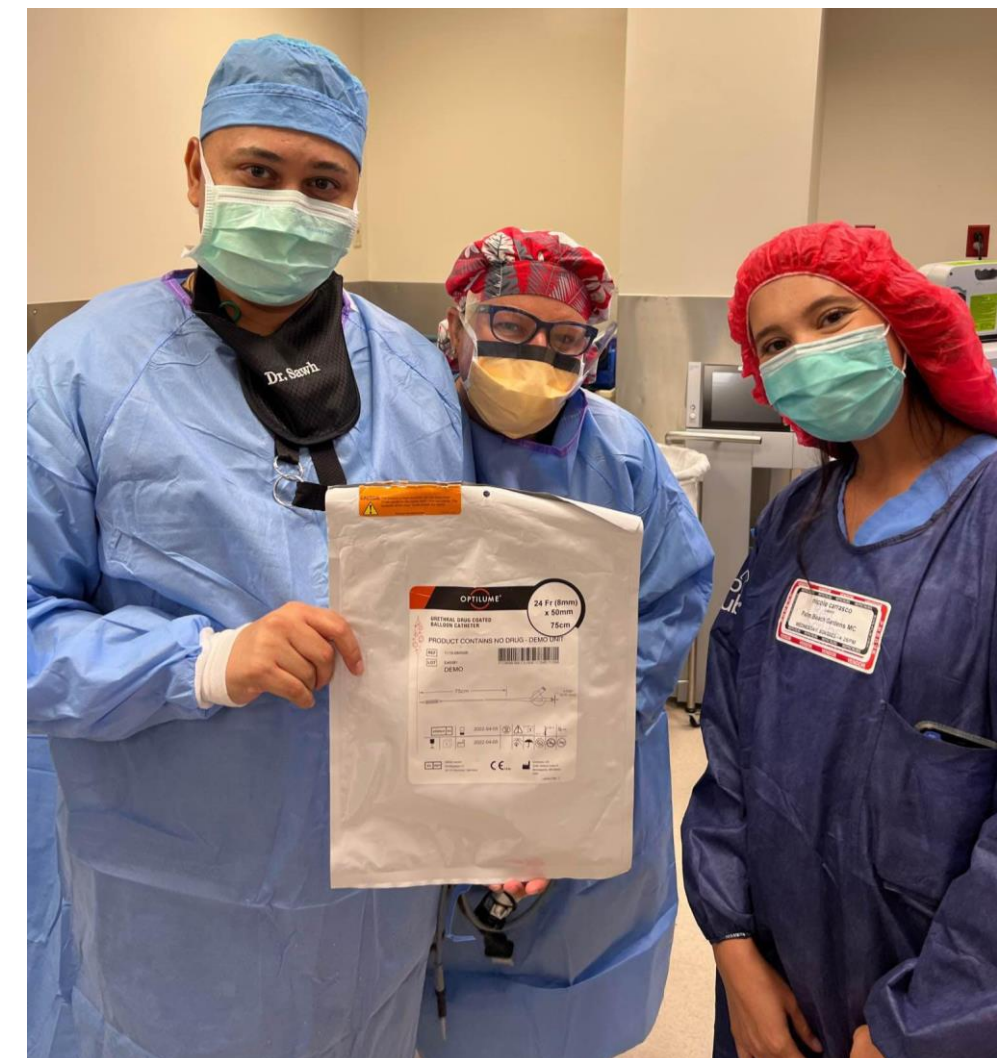
561.366.6753

New Procedures and Capabilities

Bloodless Medicine and Surgery Program



Dr. Sean Sawh, Urologist Performed First Optilume Procedure to Treat Anterior Urethral Stricture Disease



Orthopedics

Expanding Our Robotic Orthopedic Service Line Capabilities



Robotic-arm
assisted joint
replacement

Now at

Dr. Robert J. Avino, Orthopedic Surgeon



Fellowship trained adult hip and knee
reconstruction surgeon

EDUCATION

Fellowship: Cleveland Clinic Florida

Residency: University of Chicago

Medical: Saint Louis University

Undergraduate: Saint Louis University

Specializes in direct anterior
approach hip replacement, robotic
knee replacement, and complex
revision surgery

Published in the most prestigious
orthopedic journal, *The Journal of
Arthroplasty*

Holds robotic device certification for
Mako Total Knee, Mako Total Hip
(4.0), and Mako Partial Knee.

One of 17 board certified physicians
at Palm Beach Orthopaedic Institute
with offices across Palm Beach
County

Let's talk Mako SmartRobotics™



Palm Beach Gardens
Medical Center's

Mako Robotic Total
Joint Replacement
Program



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CONGRATULATIONS DR. AVINO
ON PERFORMING THE FIRST

MAKO SMARTROBOTICS™

PROCEDURE AT



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A LEADER IN ADVANCED ORTHOPEDIC CARE

**Palm Beach Gardens Medical Center is the ONLY hospital in
Palm Beach County with two Mako Robots**



Mako SmartRobotics™ System



1 Mako System

3 applications



Mako Total Hip

Mako Total Knee

Mako Partial Knee



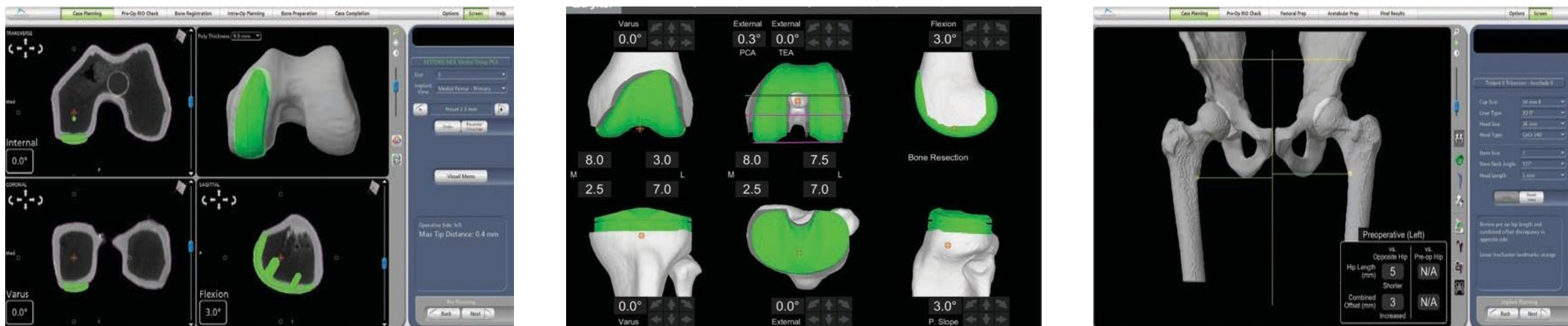
Mako camera
stand

Mako
guidance
cart

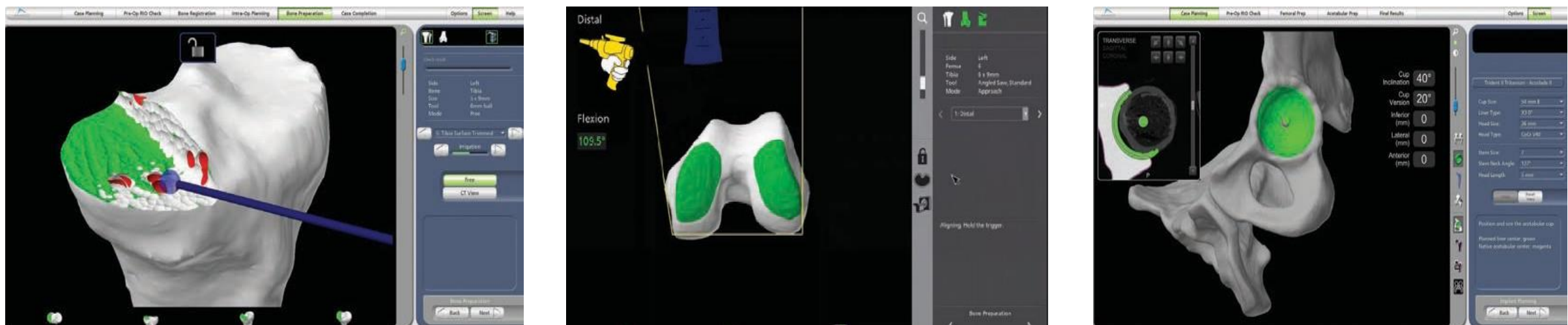
Mako SmartRobotics™

combines three key components, **3D CT-based planning, AccuStop™ haptic technology** and **insightful data analytics****, into one platform which has shown better outcomes for your total hip, total knee and partial knee patients.^{2,9,18}

Know more.



Cut less.^{†4-8}



** Access to data analytics offering requires execution of a separate agreement.

† For Mako Total Knee application, “cut less” refers to less soft tissue damage and greater bone preservation compared to manual surgery.^{5,6} For the Mako Total Hip and Partial Knee applications, “cut less” refers to greater bone preservation as compared to manual surgery.^{4,7,8}

AccuStop™ haptics



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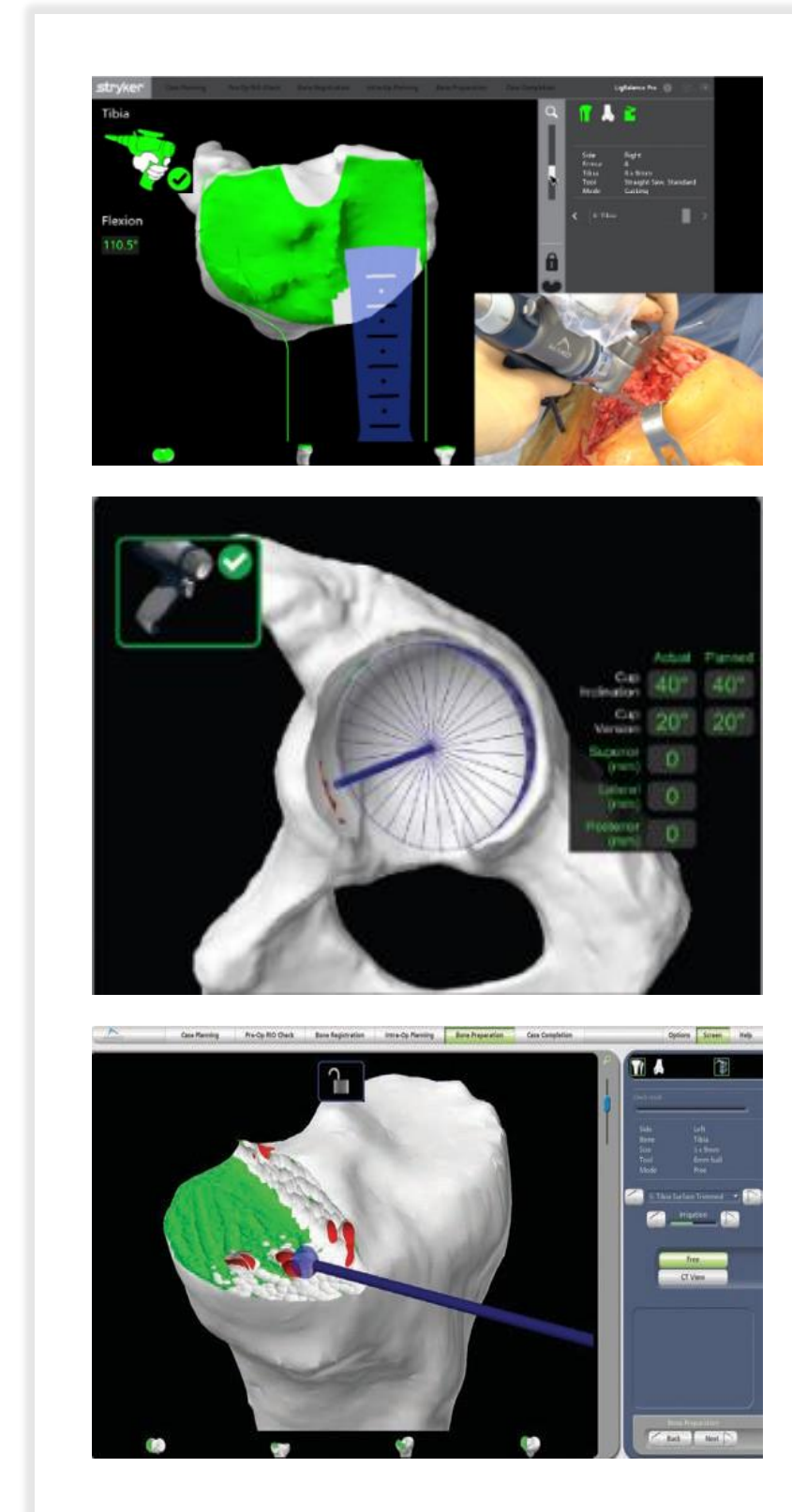
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Mako AccuStop™ haptics...

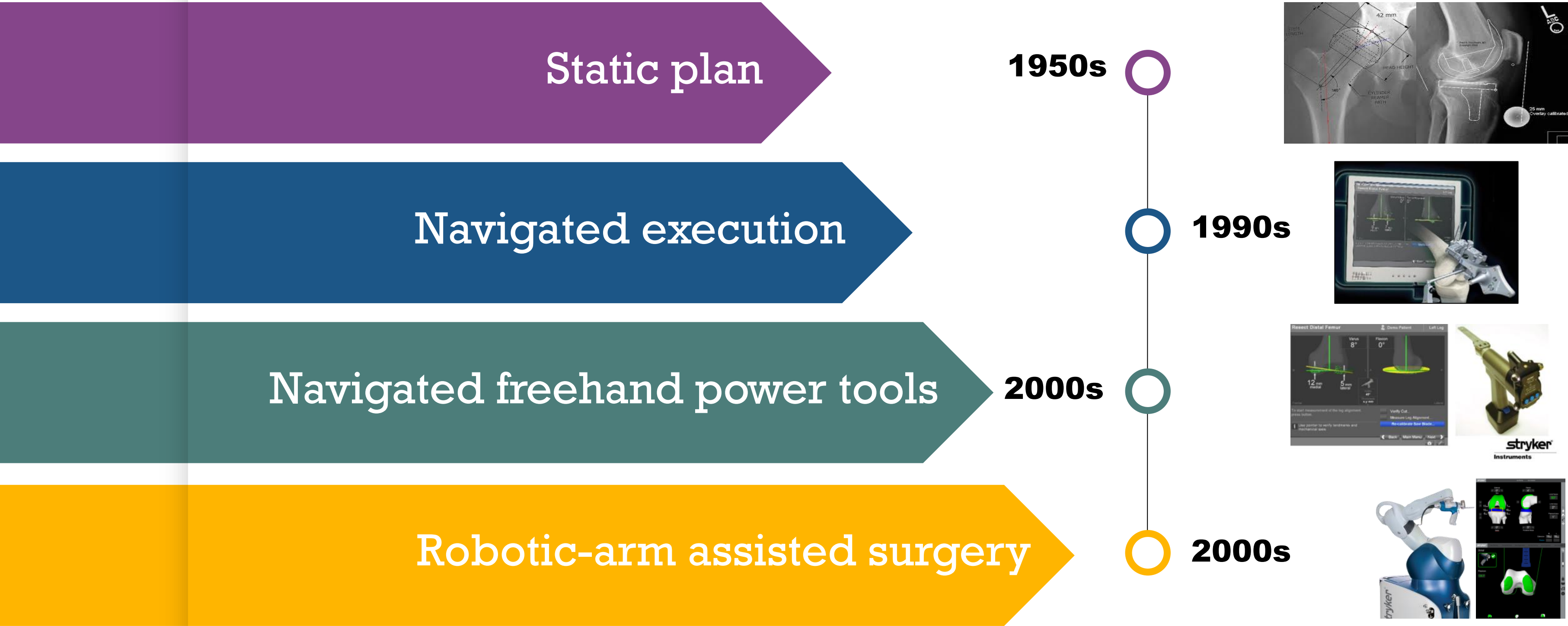
- **Constrains the cutting tool** within a virtual boundary that is established by the surgeon's **patient-specific plan**
- **Is no longer limited** by cutting blocks and manual techniques

Mako AccuStop™ haptics has demonstrated...

- Greater **precision to plan** compared to manual TKA¹⁹
- **Less** bone and soft tissue damage compared to manual TKA⁵
- More **accurate cup positioning** to plan when compared to manual THA²⁰
- Greater **bone preservation** in Mako PKA and THA^{4,8}



Evolution of planning and execution orthopaedic technology



Evolution of Mako SmartRobotics™



The Mako advantage

Mako is the only SmartRobotics™ System

with 16 years of robotic-arm assisted surgery experience.

No other technologies
in the market currently offer
these comprehensive solutions.

	Mako
Launch date and indications	Partial knee – 2006 Total hip – 2010 Total knee – 2016
Imaging	CT scan
Bone preparation guidance	Haptically guided cutting with robotic arm
Marketing claims	Enhanced pre-op planning Dynamic joint balancing Haptic guidance
Data analytics offering	HRO, RecoveryCOACH (Insightful Data Analytics)*

*Access to data analytics offering requires execution of a separate agreement.

Leading a robotics market



16
years

robotic-arm assisted
surgery experience



615k+
Mako
procedures

have been performed*



1,400+
systems

have been installed across
36 countries and every
state in the contiguous U.S.*



150+
ASCs

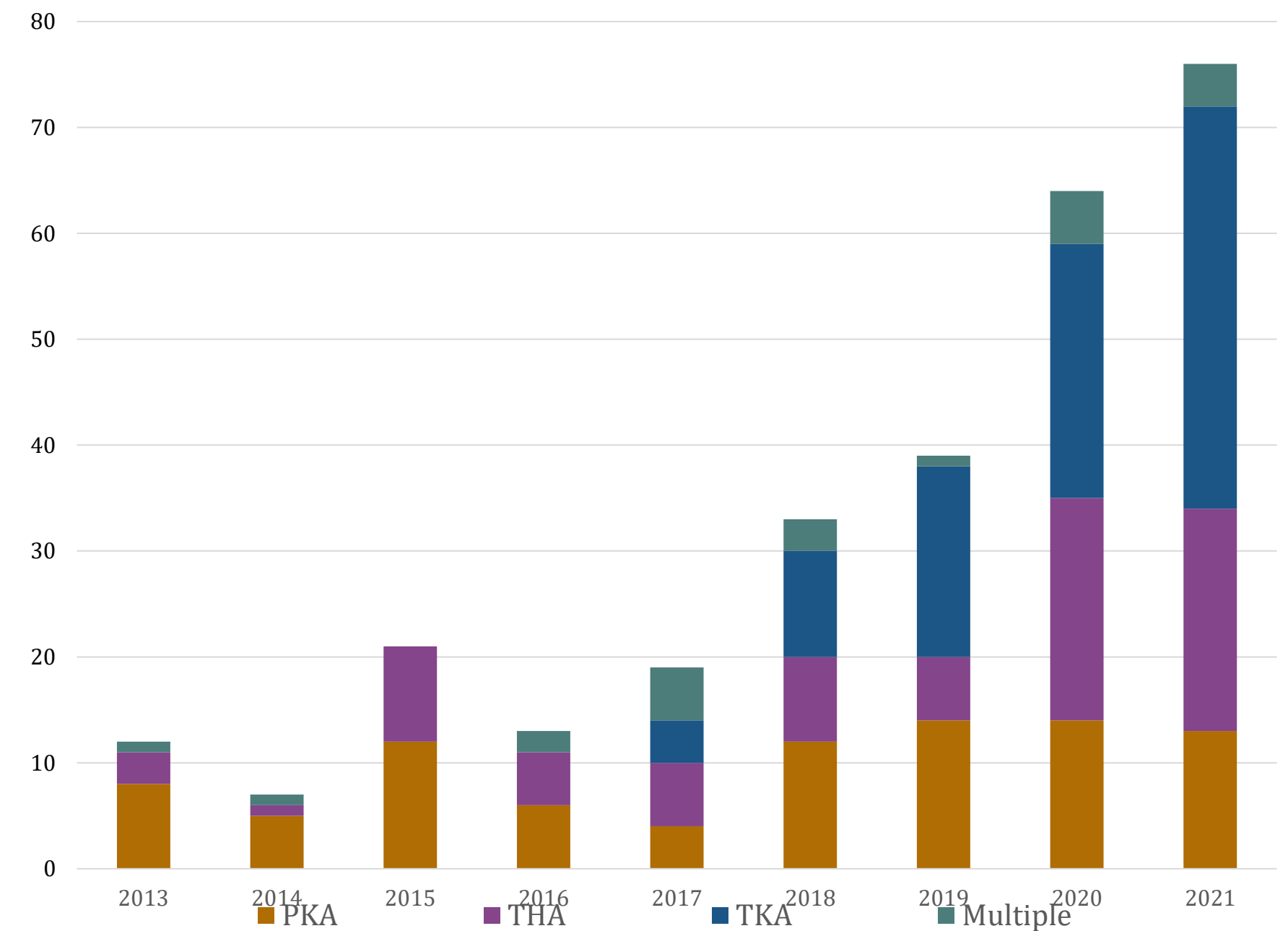
have Mako Systems*



67+
teaching
institutions

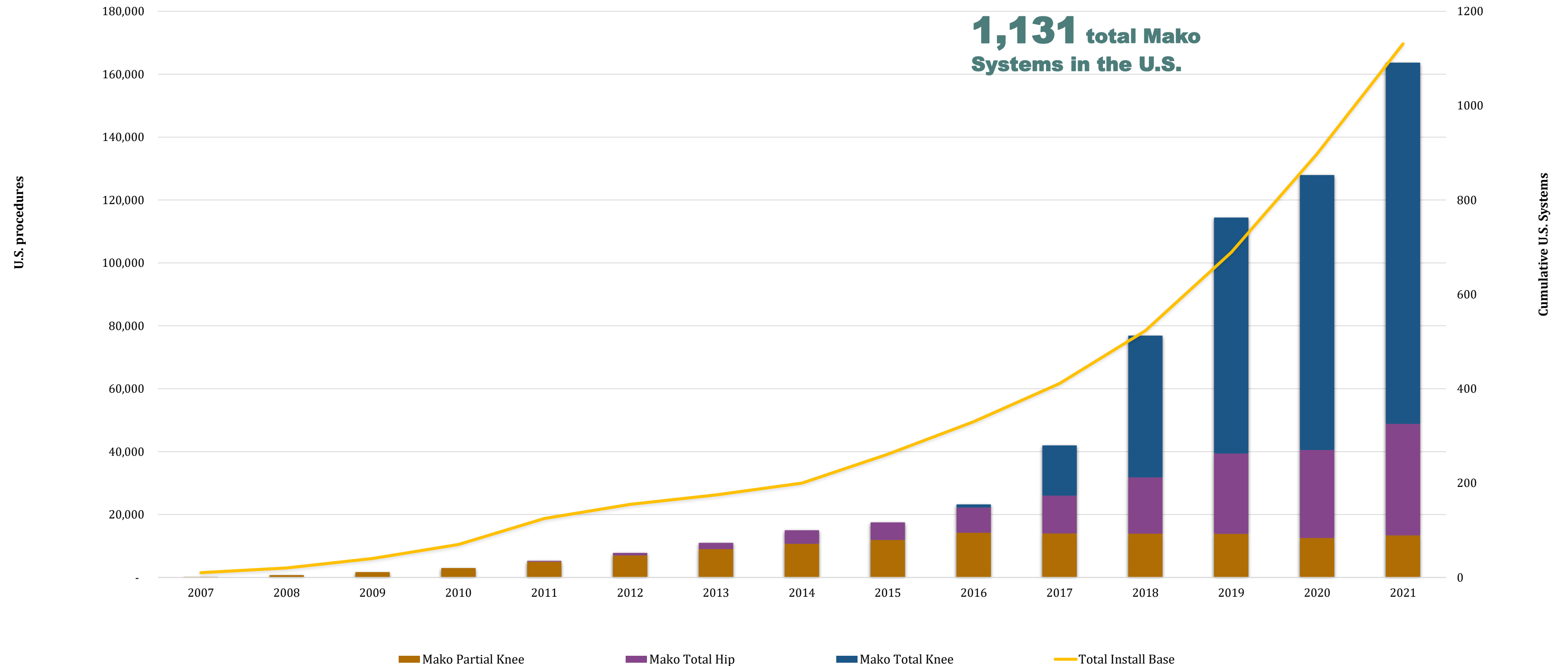
have Mako Systems*

280+ peer-reviewed published manuscripts



Leading a robotics market

U.S. Mako growth*





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Mako clinical applications





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Mako Partial Knee



Clinical success | Partial Knee

Mako Partial Knee has demonstrated...

- ✓ **More accurate** implant placement to plan and **55.4% less pain** from day 1 to week 8 postoperative compared to manual partial knees with Oxford in a randomized controlled trial^{1,22}
- ✓ **97% survivorship** at 5- to 6-year follow-up, which outperformed other large cohort studies (94.2%) and annual registries (93.1%)¹⁸
- ✓ **98.4% registry survivorship** at 1 year in the **Australian registry**²¹
- ✓ **98% survivorship** at 10-year follow-up²³





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Mako Total Knee



Mako Total Knee **fast facts***

5

years on the market

+250k

world-wide cases performed since launch

+67

published peer-reviewed studies

44%

of primary Stryker knees are put in with Mako

50%

of Mako Total Knees are cementless

Challenges in total knee arthroplasty

20% patient dissatisfaction²⁴



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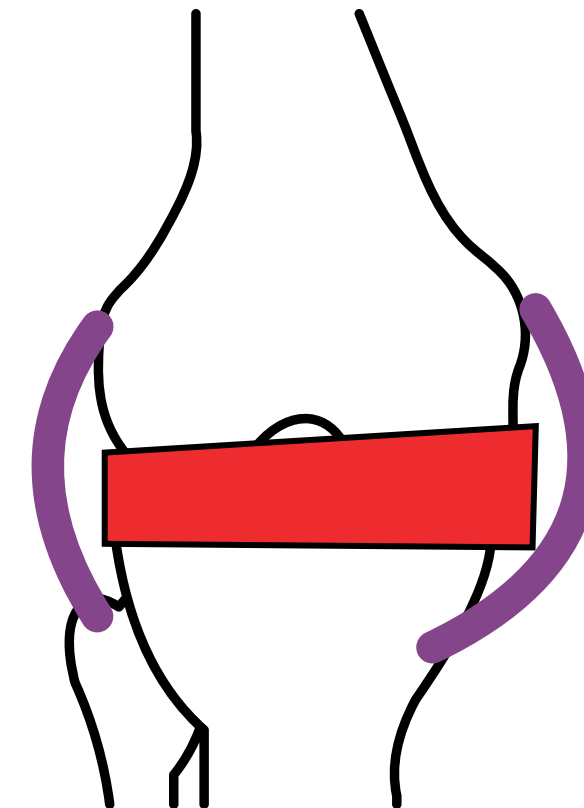
Key drivers for revision



Infection



Malalignment



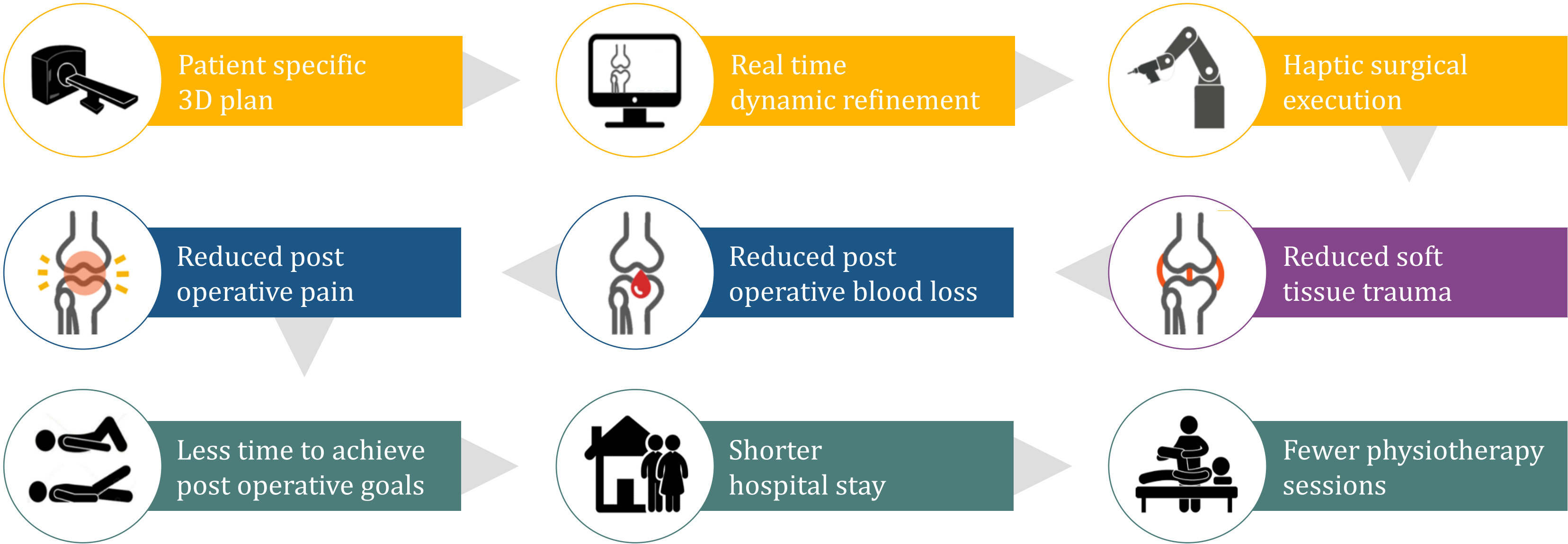
Joint imbalance

(Leads to other indicators of revision)

Overall rate of revision could potentially be reduced by **25%**
by careful ligament balancing and cementation alone²⁵

Mako Total Knee clinical story^{5,9}

Two distinct, prospective, consecutive series, single-surgeon studies comparing patients undergoing conventional jig-based total knee replacement versus Mako Total Knee surgery (40 patients⁹ and 30 patients⁵ in each cohort), concluded that Mako Total Knee with Triathlon was associated with:



Clinical success | **Total Knee**

Mako Total Knee has demonstrated...

Two distinct, prospective, consecutive series, single-surgeon studies comparing patients who underwent conventional jig-based total knee replacement versus Mako Total Knee surgery (40 patients⁹ and 30 patients⁵ in each cohort) concluded that Mako Total Knee with Triathlon was associated with:

- ✓ **Less** bone and soft tissue damage⁵ ($p < 0.05$)
- ✓ **Less** need for opiate analgesics⁹ ($p < 0.001$)
- ✓ **Less** time to hospital discharge⁹ (26% reduction in LOS)
- ✓ **Less** need for inpatient physical therapy sessions⁹ ($p < 0.001$)
- ✓ **Less** postoperative pain⁹ ($p < 0.001$)





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Mako Total Hip



Clinical success | Total Hip

Mako Total Hip has demonstrated...

- ✓ Enhanced acetabular component placement **accuracy** and **reduced dislocation rates** when compared with manual THA²
- ✓ Favorable short-term patient reported outcomes²⁶⁻²⁸
- ✓ The highest **Forgotten Joint Score** reported in literature for THA²⁸
- ✓ Decreased length of stay²⁹





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Healthcare Economics

Economic outcomes | **Partial Knee**

Mako Partial Knee has demonstrated...

- ✓ **Reduced** number of PT sessions and earlier achievement of PT goals³⁰
- ✓ **Reduced** revision surgery^{15,18,21,23,31-36}
- ✓ **Reduced** payer costs¹⁵



Mako Total Knee has demonstrated...

- ✓ **Reduced** pain and use of pain medications⁹⁻¹¹
- ✓ **Reduced** utilization and cost of health services such as skilled nursing, home health aide, readmissions and emergency room¹²⁻¹⁴
- ✓ **Reduced** 90-day EOC costs for Medicare and private payer^{12,14}



Mako Total Hip has demonstrated...

- ✓ **Reduced** utilization of post index rehabilitation services such as skilled nursing, home health aide and inpatient rehab³⁷
- ✓ **Reduced** 90-day EOC costs compared to manual THA³⁷
- ✓ **Reduced cumulative cost** compared to manual THA for Medicare and private payer over 5 years³⁸





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Dedicated to Advanced Care



**PALM BEACH
ORTHOPAEDIC
INSTITUTE**

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